## Bloomfield Township Senior Center July 2024

***Menu Items in Bold-Face type are what comes in the Frozen Entrée Only Meals. The Menu is subject to change based on product availability.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | 3 | Frozen Meals Only 4 | Frozen Meals Only |
| Baked Chicken - \#21 <br> Sweet Potatoes <br> California Blend <br> Pears <br> Corn Muffin \& Margarine | Beef Goulash - \#22 <br> Elbow Noodles Italian Blend Vegetables Applesauce French Bread \& Margarine | Turkey \& Gravy - \#23 <br> Mashed Potatoes <br> Brussel Sprouts <br> Mandarin Oranges <br> Corn Muffin \& Margarine | Teriyaki Chicken - \#24 <br> Noodles <br> Steamed Spinach <br> Mixed Fruit <br> Dinner Roll \& Margarine | Pepper Steak - \#25 <br> Fluffy White Rice Cauliflower \& Broccoli Mix Fruit Cup Corn Muffin \& Margarine |
| 8 | 9 | 10 | 11 | 12 |
| Baked Meatloaf - \#26 <br> Au Gratin Potatoes Peas \& Carrots Pears <br> Corn Muffin \& Margarine | Chicken Parmesan - \#27 <br> Penne Noodles <br> Yellow Squash <br> Applesauce <br> French Bread \& Margarine | Turkey Sausage Links - \#28 <br> American Fries <br> Peppers \& Onions <br> Mandarin Oranges <br> French Toast \& Margarine | Cheeseburger Mac - \#29 <br> Elbow Noodles Normandy Blend Vegetables Mixed Fruit Dinner Roll \& Margarine | Baked Chicken - \#30 <br> Garlic Mashed Potatoes Steamed Cabbage Fruit Cup <br> Wheat Bread \& Margarine |
| 15 | 16 | 17 | 18 | 19 |
| Hearty Beef Stew - \#1 <br>  <br> Mixed Vegetables Pears <br> Corn Muffin \& Margarine | BBQ Chicken - \#2 <br> Scalloped Potatoes Wax Beans w/ Red Pepper Applesauce Corn Muffin \& Margarine | Roast Turkey - \#3 <br> Cornbread Dressing Lima Beans <br> Mandarin Oranges Dinner Roll \& Margarine | Beef Spaghetti - \#4 <br> Spaghetti Noodles Italian Green Beans Mixed Fruit French Bread \& Margarine | Sweet \& Sour Chicken - \#5 <br> Vegetable Rice <br> Broccoli <br> Fruit Cup <br> Cornbread \& Margarine |
| 22 | 23 | 24 | 25 | 26 |
| Herb Baked Chicken - \#6 <br> O'Brian Potatoes <br> Zucchini Squash Pears <br> Dinner Roll \& Margarine | Meatballs - \#7 w/ Mushroom Gravy <br> Egg Noodles Glazed Carrots Applesauce <br> Wheat Bread \& Margarine | BBQ Ribette - \#8 <br> Scalloped Potatoes Black Eyed Peas <br> Mandarin Oranges <br> Corn Muffin \& Margarine | Chicken Cacciatore - \#9 <br> Rice <br> Green Beans Mixed Fruit <br> French Bread \& Margarine | Salisbury Steak \& Gravy - \#10 <br> Chive Creamed Potatoes Whole Kernel Corn Fruit Cup <br> Wheat Bread \& Margarine |
| 29 | 30 | 31 |  |  |
| Pineapple Glazed Ham - \#11 <br> Lyonnaise Potatoes Mixed Greens Pears <br> Corn Muffin \& Margarine | Chicken Alfredo Casserole - \#12 <br> Penne Noodles Steamed Broccoli Applesauce <br> French Bread \& Margarine | Cubed Steak - \#13 <br> w/ Brown Gravy <br> Rosemary Roasted Potatoes <br> Glazed Carrots <br> Mandarin Oranges <br> Corn Muffin \& Margarine |  |  |

## If you will not be home to receive a meal, please contact Bloomfield Seniors at 248-723-3500

Please NOTE: To avoid being invoiced for frozen meals ordered - any changes or cancellations must be made by the Wednesday prior to your scheduled Monday delivery.

